



# HEATH VILLAGE

– *The Meadows* –

**NURSING &  
REHABILITATION**



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Greetings!

Thank you for your interest in The Meadows Nursing and Rehabilitation facility at Heath Village Retirement Community.

Heath Village has been a trusted provider of the highest quality senior health care for more than fifty years. Serving the needs of the senior population is an intrinsic part of our mission to provide older adults with a living environment that fosters a meaningful life with security, dignity, and well-being.

Our new state-of-the-art nursing facility offers long and short-term care, respite care, and rehabilitation services. We are very proud of our five-star Medicare rating and the excellent

nursing care delivered with kindness and compassion.

We hope that you will find the enclosed information helpful. Should you have any questions or would like to arrange a tour, please call our Admissions Coordinator at 908-684-5221.

Again, thank you for your interest. We are confident that Heath Village can provide the setting and services you are seeking. Best wishes to you and your family for good health and happiness.

Sincerely,  
The Heath Village Board of Trustees

*Quality Care You Expect;  
Compassionate Care You Deserve*



Located in scenic western Morris County, Heath Village is a not-for-profit, full-service retirement community. Our nursing center, The Meadows, is a New Jersey state licensed, 108-bed facility. Medicare certified, with a five-star rating, we offer comprehensive and professional nursing services for both long and short-term care.

At Heath Village you will have peace of mind knowing that our community's caring and dedicated staff is here to meet your needs or the needs of a loved one.

### SPECIALIZING IN SENIOR CARE

The Meadows, consistent with current best practices, is designed into small households of 18 residents. Its cozy setting allows for more personalized routines and greater flexibility with residents' schedules.

More homelike, each household offers every resident a private bedroom. In addition, there are

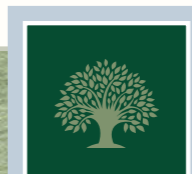
several comfortable spaces for family visits and a spacious dining area for residents to enjoy with friends and family.

#### LONG TERM CARE

- Willow Terrace
- Hickory Lodge
- Chestnut Lane
- Balsam Cottage

#### SUB-ACUTE

- Laurel Place
- Juniper Way



# Care When You Need it Most

Our long-term care services are at the heart of the Meadows.

Our priority is to keep residents healthy, safe, and happy. Having long-term care residents with similar abilities and needs living together in one household will help provide a diverse and fulfilling schedule of activities, fellowship, and comfort. And, when our residents need time alone, they have the luxury of relaxing in their very own bedroom.



Three types of accommodations will be offered:

- Private bedroom with a shared bath
- Private bedroom with a private bath
- Private deluxe suite with bedroom, bath, kitchenette, and living area

## THE COMFORT OF HOME

The Meadows offers many amenities to help make those in our community feel right at home.

Our single-story households offer extensive outdoor space to allow everyone to enjoy plenty of fresh air. Each neighborhood is adjoined by charming front porches and beautifully landscaped courtyards.

Designed with an open floor plan, every household feels like a gracious home. The kitchen includes an expansive counter; the perfect place to chat over morning coffee. The large dining area can also accommodate a variety of fun activities. The living room features a fireplace to enjoy during the colder months and adjoins a comfortable den ideal for family visits or quiet time.

The Eagle View Café offers delicious food for eat-in or carry out. Meals can also be enjoyed outdoors on the beautiful patio.

A beauty salon is conveniently located to help make sure residents always look their best.

## DINING

Dining is an important part of the long and short-term care experience. All residents can expect to enjoy a menu of delicious meals and snacks. Individual nutritional requirements are routinely assessed by the dietitian to ensure each meal plan is appropriate, and includes necessary supplements.



# Sub-Acute, Short-Term and Respite Care

The Meadows Center for Sub-Acute Care and Rehabilitation provides exceptional care for patients ages 55 and older recovering from an acute illness or injury. Our team of highly skilled healthcare professionals address medical, physical, cognitive, emotional, and spiritual needs. We offer a collaborative, patient centered approach focused on helping patients:

- Recover from an illness and achieve maximum potential
- Regain strength and independence
- Reduce risk for readmission to the hospital

All short-term patients will enjoy private rooms, many with private baths, while they recuperate.

## OUR COMPREHENSIVE SERVICES INCLUDE:

- Medical & Surgical Recovery
- Cardiac Care
- Wound Care
- IV Therapy
- Rehabilitation

Our Social Services Department helps ease the transition back to home and the community. They will:

- Assess and evaluate lifestyle, routine, and personal support system
- Work with loved ones/caregivers on special needs
- Serve as a referral source for support groups
- Connect patients and their families with in-home services
- Oversee the discharge planning process

All sub-acute, short-term and respite care patients, where and when medically appropriate, and their families, are encouraged to use and enjoy the many amenities Heath Village has to offer.

## REHABILITATION

In-house licensed specialists offer a broad spectrum of on-site therapy services including physical, occupational and speech to help treat a variety of healthcare needs.



Our state-of-the-art facility is equipped with the latest technology. It includes an ADL suite where patients can practice all the activities of daily living they will need to return safely to their home. It also includes an outdoor courtyard which allows patients to practice maneuvering on different terrains and inclines.

Conditions commonly treated by staff include joint pain, limited range of motion, neurological conditions, Multiple Sclerosis, Parkinson's, orthopedic conditions, sciatica, spinal stenosis, and tendonitis.

## RESPITE CARE

Our respite care program is available for those who require 24-hour care when their caregivers are traveling, ill or simply need a break from the responsibilities of caring for a loved one. Staff will help them quickly feel at home, and provide the care and services for as long as needed.



# A Full-Service Retirement Community

Heath Village represents an affordable choice for today's retiree who wants to remain active, involved, and independent. Prospective residents can choose from over 150 independent apartments with floor plans ranging in size from studios to 2-bedrooms. We also have a 10-unit cottage community and 38 hotel-style studio apartments.

Village apartments and cottages are nestled within "miniature neighborhoods" scattered throughout the campus. All single-story structures, our apartments offer beautiful views of the campus and opportunities for cheery flower gardens right outside your door.

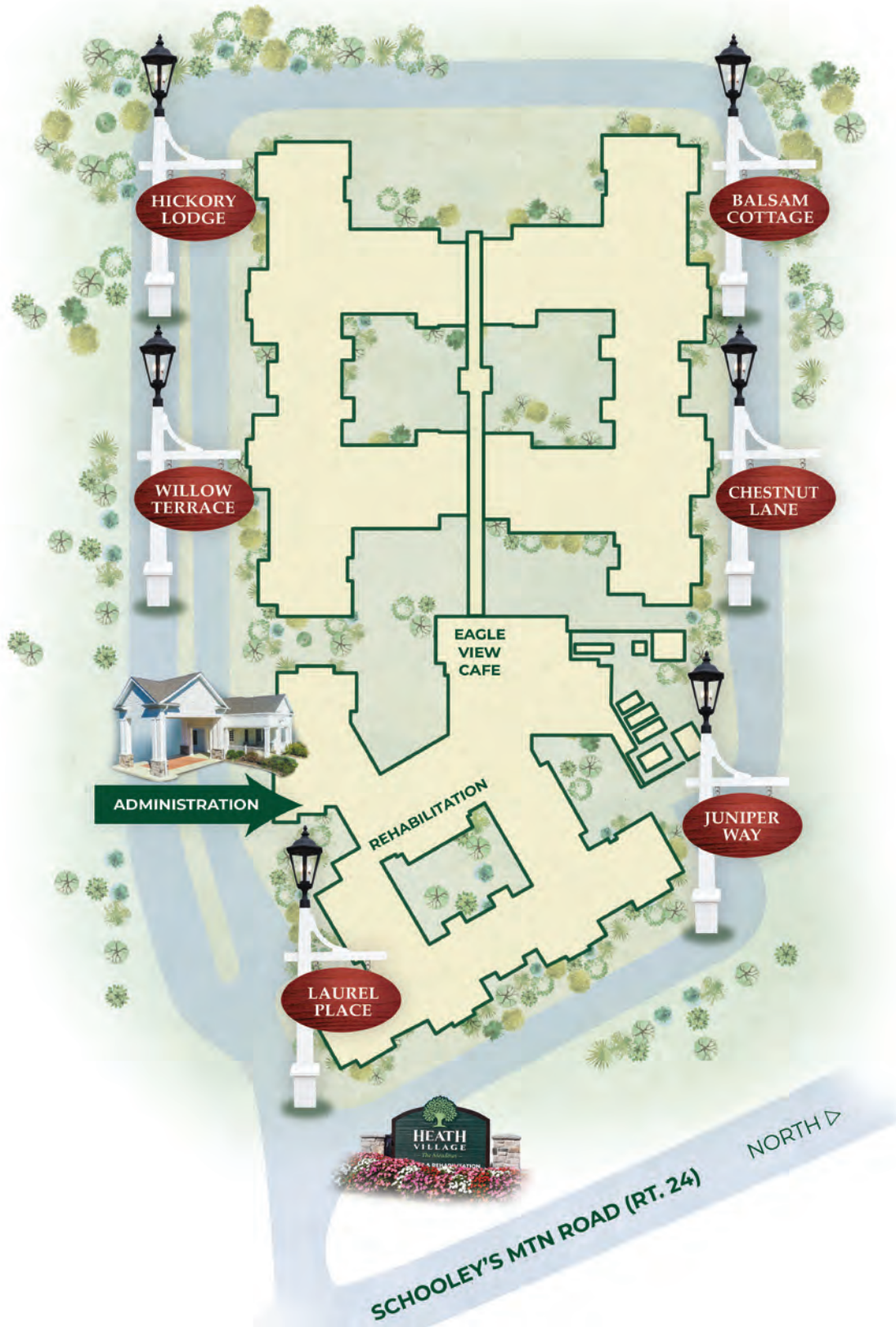
*Life is easy at Heath Village.* Our maintenance-free and resort style living gives you the freedom to live your life to the fullest. We offer a blend of activities, life enrichment programs and social events that will enhance just about any lifestyle.

## **MAYFLOWER HOUSE - RESIDENTIAL HEALTH CARE**

Residents flourish in the warm and gracious living environment of the Mayflower House at Heath Village. A licensed residential health care facility, Mayflower House offers round-the-clock supervision for residents who do not need nursing care but require assistance with several activities of daily living.



# Campus Map



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